



Making the grade

Operation Homefront Backpack Brigade...

Inspection ... a new way of life in the ANG
Self-inspection; how would you rate?
2014 Band Tour sparks patriotism

Stories in this issue...read on.



Commander's Comments

Welcome to August UTA



Col. John J. Conoley III
136 AW Commander

It took a little while for summer to get settled in, but it is definitely here. A lot has happened since the last Carswell Flyer. First, everyone should be fully aware of our final grade of EFFECTIVE on our UEI that we had in June. Again, it was a fantastic effort on everyone's part. If you get the chance to compare our report to other unit's reports, you will definitely notice that we were on high side of EFFECTIVE. You can go to the wing IG Sharepoint page and review our final report.

If you've watched the news lately, you have probably seen Governor Perry and our Texas Adjutant General, Major General Nichols, addressing the border issues. The Governor is currently calling up 1,000 Texas National Guardsmen to help the Department of Public Safety with Operation Strong Safety on the border. The 136th Airlift Wing has already responded with 25 volunteers. If you are interested in volunteering, let your chain of command know.

It's not too early to start thinking about our Employment Exercise in October. This will be a four day drill for most of us. Those who are in a deployment phase we

will be participating in our "ancillary training rodeo" the Thursday prior to October drill. Friday will be used to prep the exercise play area and preposition equipment. The employment phase will begin at 0800 on Saturday and end at noon on Sunday. So let's be ready for it and make it a successful exercise.

It's time to say "goodbye" to a long-time friend of the 136th Airlift Wing. Col. "Bugsy" Malone will be retiring this drill and handing over the reins to Lt. Col. Kurt Mallory as the new Maintenance Group Commander. Please thank Col. Malone for all his years of service and congratulate Lt. Col. Mallory on his new command.

Have a great drill!



Col. John Conoley awards Master Sgt. Rikki Johnson, 136th Force Support Squadron, Sustainment Flight, a certificate of recognition for her outstanding performance, along with numerous top performers during the wing's Unit Effectiveness Inspection (UEI), June 26, 2014 at NAS Fort Worth JRB, Texas. The wing received an overall grade of EFFECTIVE. (Air National Guard photo by Senior Master Sgt. Elizabeth Gilbert/released)

The Carswell Field
FLYER
TEAM

Lt. Col. James Castleman
WESO/Community Manager

Capt. James Wallace
Public Affairs Officer

1st Lt. Danielle Devoto
Public Affairs Officer

Senior Master Sgt. Elizabeth Gilbert
Superintendent/Senior Editor

Master Sgt. Charles Hatton
Photojournalist/Layout & Design

Tech. Sgt. Vanessa Reed
Photojournalist/Broadcaster

Staff Sgt. Tamara Dabney
Photographer/Broadcaster

Senior Airman Briana Boggs
Photographer/Admin

Airman 1st Class Cody Witsaman
Photojournalist

The "CARSWELL FIELD FLYER" is a bi-monthly, electronic publication provided by the 136th Airlift Wing to assist members in the preparation for the UTA and dissemination of pertinent information and news. Articles may be submitted for inclusion in the "FLYER" by e-mailing them to 136AW.PA@ang.af.mil (Please use "Flyer" as the first word in the subject of the e-mail). You may also contact Capt. James Wallace at 817-852-3305. The Commander makes final decisions for inclusion of submitted material. The information contained in this publication is not Official Policy of the Texas Air National Guard, the National Guard Bureau or the United States Air Force.

ANG TEXAS
AIR NATIONAL GUARD
GUARDING AMERICA DEFENDING FREEDOM

Cover photo by
Senior Master Sgt. Elizabeth Gilbert
136th Airlift Wing/Public Affairs



National Guard photo by Senior Master Sgt. Elizabeth Gilbert

Inspection

A **new** way of life in the ANG

by Airman 1st Class Cody Witsaman
136th Airlift Wing Public Affairs

NAVAL AIR STATION FORT WORTH JOINT RESERVE BASE, Texas – With the extensive overhaul of the Air Force Inspection System, a group of inspectors from Air Mobility Command, Air Force Space Command, Air Force Special Operations Command, Air Force Inspection Agency and National Guard Bureau visited the 136th Airlift Wing, Texas Air National Guard here to validate and verify the Commander's Inspection Program (CCIP) June 19-25.

The inspection is called a Unit Effectiveness Inspection and is the Capstone event covering the past four years of our

unit's efforts. There are two sides to the CCIP: Inspection and Self-Assessment. During the HHQ Capstone event, MAJCOM inspectors will look at both sides of our program. The Management Internal Control Toolset (MICT) is part of our Self-Assessment program and the wing currently uses 583 checklists that include more than 33,700 assessment questions. The grade is measured through the (MICT) checklists... The UEI goal is to create a parallel to mission readiness and inspection readiness by answering our self-assessments (MICT checklists) honestly by simply

stating the truth; 'no' means no, 'yes' is when you have a valid program in place and constantly updating your answers.

The UEI will be measured against four major graded areas: managing resources, leading people, improving the unit, and executing the mission. They pave the way moving forward and asking better questions.

The new UEI construct is very different than the old Unit Compliance Inspection. "There is a continuous process for Air Guard Wings to improve by," said U.S. Air Force Capt. Jason Purcell, deputy team chief, AMC IG. "We are no

INSPECTION continued on page 4

IN THIS ISSUE

Commander's Comments 2
Inspection 3
Self-Inspection. 5
Band sparks patriotism 6
Psychological health 7
MWR happenings 7

Operation Homefront 8
Around the Wing 9
The happening. 10
The workplace. 11
Health, Nutrition and Fitness . . 12
Chaplains corner 13

Safety Snip-its 14
Antiterrorism- Back to school. . 15
Disciplinary actions 15
Hot Jobs 16
Final frame. 17

longer looking at a snapshot in time, but looking at the wing continually throughout that UEI cycle.” This snapshot analogy of the old inspection can compare by the new, continuous updates of the UEI to building a photo album.”

“Because the inspectors do not have years in place to flesh out the report, they have been more hands on,” said U.S. Air Force Col. George W. Holt, vice-commander, 136AW, TXANG. This gives the 136AW a chance to show how, as a unit, they have been complying with these standards by showing the processes to accomplish checklist assessments.

“The inspection team is willing and able to provide feedback and mentorship to the wings during the implementation process,” said Purcell, because the new inspection program is in its infancy stage.

Building and setting a foundation for this process is the obvious obstacle at a wing level. However, using the standards already in place and implementing the new inspection process, the CCIP enables the wing commander to ensure a mission ready status at all times.

“The inspection enables us to maintain our mission,” said U.S. Air Force

Capt. Adrienne Saint, project officer and lead contact for the UEI with the IG of-fice, 136AW, TXANG. Its purpose is to align manpower with the mission and focus on core capabilities. It is an effort to strengthen compliance, sustain the processes and continued performance.

“The number one goal for the wing is that we recognize building these new systems and setting the foundation, rather than spending tremendous amount of work per inspection,” said Holt. “Putting the hard work in gives us a place where we can perform at a steady level and still be compliant.”

Everything being inspected has been briefed multiple times during the commander’s call and daily routines every drill [Unit Training Assembly weekend], but because of the new foundations to be graded, the goal as a wing is to be as ready as possible during the inspection said Holt. “Because we have already laid the hard work in up front... now we have a base to perform and move forward.”

This new inspection oversees the entire Air Force; therefore the 136AW has gone out of its way to help other units.

“We have already had four other units here modeling our dashboard and sent members to help train as well,” said Holt. “This is not a competition, because we are all in this together, but that does not mean we do not want to outperform everyone else.”

The new UEI does not intend for units to paint the grass green each inspection but rather fertilize it. With the support of every Airman available and a hard working team, a solid foundation will be built for the new Air Force Inspection System. This mindset throughout the wing is proving their efficiency to the inspection team. “The 136th has invested the time and resources into standing up the Commanders Inspection Program, and that is evident throughout the wing,” said Purcell.

At the closing of the UEI the inspectors provided a draft report and the official results within 30 days.

By the end of July the official report was published. The overall grade was EFFECTIVE, and of the four major graded areas, three of them were rated as EFFECTIVE, while the fourth, ‘executing the mission’ was graded HIGHLY EFFECTIVE.





Air National Guard photo by Senior Master Sgt. Elizabeth Gilbert



Air National Guard photo by Master Sgt. Charles Hatton

Self-inspection... Making the **grade**; how **would** you rate?

Commentary by Lt. Col. Marsha Krotky
Commander, 136th Logistics Readiness Squadron

UEIs, ORIs, OREs, LSEPs, HSIIs ... At times, the inspections seem never-ending. Recently, as I was scrolling through MICT checklist items in preparation for the UEI (errr... I mean "in my daily activity of monitoring my squadron's compliance"), I got to thinking, "What if we were graded, individually, on the very basic of concepts... our Air Force Core Values." Picture an Inspector General (IG) who had a way of knowing everything about you. They knew your thoughts, your secrets, your motives, those things your supervisor never found out about, etc. With all of that knowledge, the IG then assigned ratings, by name, of "Satisfactory" or "Unsatisfactory" in the following categories: Integrity, Service before Self and Excellence.

How would you rate? If we're honest, I think we'd all admit to falling short in one or more categories at times. But think about it - if each and every one of you knew that you'd be graded - INDIVIDUALLY - in each of these categories; wouldn't you prepare? Wouldn't you do everything you could to make sure YOU weren't one of the names in big red font

in the inspection report?

CATEGORY: INTEGRITY
SRA JOHN SMITH - SATISFACTORY
MSGT SUSAN GREEN - SATISFACTORY
LT COL MARSHA KROTKY - UNSATISFACTORY

Ouch! That would be hard to recover from.

But the more I thought about it... that really is the basis of our success or failure as a wing. It lies in the level of commitment, honesty and job performance of every single member of our team. We can complete tasks and improve processes all day long, but if the people involved aren't embracing the core values demanded of all Airmen, you've got a breakdown before you've left the starting gate.

Obviously, adherence to our core values isn't something tangible that can be easily monitored or controlled... so how do you inspire people to hold themselves accountable?

There is no easy answer, but I can tell you one thing for certain. First and foremost, you must meet or exceed

the standards YOURSELF. You absolutely cannot hold others accountable, let alone INSPIRE, when you yourself aren't meeting standards. Second, you have to care. By that, I mean you have to genuinely and sincerely CARE about the people you supervise (yes, even those who drive you to the breaking point). Part of that means getting to know your people... learn what they like, what they don't, their strengths, their weaknesses, their goals/ambitions, how to read when they're troubled, what's going on in their lives, celebrate their successes, touch base now & then for no reason at all.

There will always be people who choose not to invest that much time in their people, and while they may still prove to be good managers, they will never be great leaders who experience the satisfaction of knowing they made a small difference in the life of an Airman.

... and THAT, my friends, is where the joy is.

INTEGRITY FIRST SERVICE
BEFORE SELF
EXCELLENCE IN ALL WE DO



U.S. Air Force Lt. Col. Eric Patterson, commander and conductor of the 531st Air Force Band of the Southwest, Texas Air National Guard leads the band during the 4th of July celebration at River Security Amphitheater, Little Rock, Arkansas.(Air National Guard photos by Master Sgt. Charles Hatton)

Band sparks patriotism

Story by Master Sgt. Charles Hatton
136th Airlift Wing Public Affairs

6/25/2014 - NAVAL AIR STATION FORT WORTH JOINT RESERVE BASE, Texas. -- The Air National Guard's foremost Band of the Southwest, 531st Air Force Band and its 35 musicians started their summer tour through Arkansas and Louisiana June 25.

"The mission of the Air National Guard Band Program is telling the story of the men and women who serve our country," said Lt. Col. Eric Patterson, commander, 531st Air Force Band. "We do that through a patriotic selection of music".

The performances included nine separate venues to eager audiences, traveling from locations as far as Northern Louisiana and Southern Arkansas.

"Around the 4th of July is a time for us to remind people, not just how great the country is, but about the foundation of young men and women who volunteered to serve," said Patterson. "Remember those that are making our freedom possible."

The Band of the Southwest begins

their tour at Barksdale AFB, Louisiana beginning June 25, with a special performance from their six-person rock band named Airlift.

The Band of the Southwest finished up their summer tour with a performance at the Pops on the River Security Amphitheater during the July 4th celebration in Little Rock, Arkansas.



Psychological **health**

Just need to talk

By Kathy Lynn

136th Airlift Director of Psychological Health

Hello, I am Kathryn Lynn, LCSW, and the new Director of Psychological Health for the 136th Airlift Wing. I replaced Brenda Roland. I am a Licensed Clinical Social Worker with a Master's degree from Howard University in Washington DC; and Post-graduate training in Marriage & Family Therapy from Southwest Family Institute.

My previous work experiences included private practice providing marital/relationship counseling, family and individual therapy; Adjunct Professor for both Undergraduate and Graduate level Social Work students; Contract trainer for City government and Corporations; and a Military and Family Life Counselor(MFLC) providing non-medical counseling to service members and their families. As an MFLC, these services were provided at the service member's assigned installation; both CONUS and OCONUS.

As your Director of Psychological Health, the primary focus will be providing quality, confidential and individualized mental health services to the service member and their families; providing training and educational resources to assist with maintaining and improving personal resiliency; stress reduction and resiliency building, community referrals as appropriate to meet the needs and



Ms. Kathryn Lynn

136 AW Director of Psychological Health

leadership consultation on psychological health matters. Succinctly, to advocate for and support the Airlift Wing National Guard members and families by promoting mental fitness and personal wellness for operational readiness.

Office Location: 100 Aerial Port, Building 1670; Room 134. Office number: 817-852-3597.

"Just need to talk", call for an appointment.

Noteable Quote

My scars remind me that I did indeed survive my deepest wounds. That in itself is an accomplishment. And they bring to mind something else, too. They remind me that the damage life has inflicted on me has, in many places, left me stronger and more resilient. What hurt me in the past has actually made me better equipped to face the present.

~Steve Goodier

MWR HAPPENINGS AT NAS FORT WORTH JRB:

Paddle boat races

What a great way to end the summer with a splash at the lake and cool down. Come join the fun and enter a team for the paddle boat races at the marina, Sept. 5, starting at 10:00 a.m. The cost is \$10 per team (two people). For more information contact the Fitness Center (817) 782-6121 Lets see who the best paddlers are!

Intramural co-ed flag football

League Starts Sept. 9

Tues, Wed, Thur

Coaches Meeting Sept. 3

More info contact Jimmy Nelson (817) 782-1269

Intramural co-ed soccer league

League Starts Sept. 9

Tues, Wed, Thur

Coaches Meeting Sept. 3

More info contact Jimmy Nelson (817) 782-1269

Health and Fitness Expo

MWR is sponsoring a Health and Fitness Expo at the base gym, Sept. 12. What a great way to learn about FITNESS and your HEALTH from the experts starting at 9:00 a.m.

Smash and Bash softball tournament

Tournament starts Oct. 18

\$75 per team

3 game guarantee

More information contact Jimmy Nelson (817) 782-1269

OPERATION Homefront

Backpack Brigade back-to-school

Story by Senior Master Sgt. Elizabeth Gilbert
136th Airlift Wing Public Affairs

NAVAL AIR STATION FORT WORTH JOINT RESERVE BASE, Texas—More than 250 children received backpacks filled with school supplies here at the 136th Airlift Wing Headquarters building, Aug. 15, during Operation Homefront Back-To-School Backpack Brigade giveaway.

“This is a good program for all the military kids in the area,” said Mrs. Heidi Bearden, Airmen Family Readiness Program Manager. “The families of those E-6 and below, who registered with Operation Homefront, receive a backpack for every school age child from K-12. And this year we had a tremendous amount of support from our sponsors that we were able to give the school-age children up to 30 items.”

The backpacks were lined up according to the child’s grade and vary from \$30 to \$50 backpacks for the high school students.

Once the child or parent receives the backpack, they are then allowed to browse the entire room in search of the 30 items their child needs to start school. Compared to last year, only eight items were allowed to be taken. The items varied from rulers to calculators, notebooks, pens, pencils, binders, book covers, glue and numerous other items on display.



Military families of E-6 and below came to the Operation Homefront Backpack Brigade back-to-school giveaway to scour through the 30 items needed for their school supplies here at the wing, Aug. 15, 2014. Most went a way with backpacks almost too heavy to carry. (Air National Guard photos by Senior Master Sgt. Elizabeth Gilbert)

The backpack giveaway has been hosted here in the wing for the past four years and seven years nationally.

The school supplies were provided by Operation Homefront partners Dollar Tree and Office Depot. “There were

no shortages of school supplies,” said Bearden. “In fact, we have leftover school supplies even after providing all the registered participants of Operation Homefront their much needed items.”

School-age children from all grades were excited to receive the much needed school supplies. Most walked away with backpacks too heavy for them to carry but somehow managed to lug them on their back with big smiles on their faces.



Around the **Wing**



Promotion **Lt. Col. Eric Patterson**

When: June 23, 2014
531st Air Force Band of the Southwest
Commander



Promotion **Lt. Col. Travis Walters**

When: July 26, 2014
136th Airlift Wing/Staff
Wing Executive Support Officer



Retirement **Colonel Timothy "Bugsy" Malone**

When: August 23, 2014
136th Maintenance Group
Commander

If you have an announcement please submit to
136AW.PA@ang.af.mil

THE HAPPENING

July-August highlights started with the 531st AF Band of the Southwest summer Tour bringing smiles to Louisiana and Arkansas residents. Then our Airmen competed in the Captain's Cup (Second2None) and took second place at the base competition. Our softball team did well during their base tournament and lastly, the promotion of Lt. Col. Travis Walters with his children pinning on Lt. Col. (Air National Guard) photos by Senior Master Sgt. Elizabeth Gilbert, Master Sgt. Charles Hatton)



The Work Place

Airmen from the Wing are everywhere. Their work place ... wherever they show up to do what they do best, they represent the Texas Air National Guard with pride. (Air National Guard photos by Senior Master Sgt. Elizabeth Gilbert, Master Sgt. Charles Hatton, Staff Sgt. Tamara Dabney and Airman Cody Witsaman)





Stress is the biggest contributor to our belly fat. Stress causes us to binge and eat unhealthy foods to comfort our distress. Exercising rigorously at least four times a week can help alleviate some of the stress and help us live a healthier life style.

Health, **Nutrition** and Fitness

Commentary by Master Sgt. Rikki Johnson
136th Force Support Squadron/Sustainment Flight

It appears the most popular resolution for fitness is centered on losing a couple of inches around the old mid-section. There are four keys to controlling belly fat and getting your beach body back: exercise, diet, sleep, and stress management.

Exercise: Vigorous exercise cuts both subcutaneous (belly fat) and visceral fat (fat around organs). It can also slow down the build-up of visceral fat that tends to happen over the years. Forget about spot-reducing, sit ups, or crunches. There aren't any special exercises you can do that specifically target visceral fat. 30 Minutes of vigorous exercise, done four times a week is ideal.

Jog, if you're already fit, or walk briskly at an incline on a treadmill if you're not yet ready for jogging. Vigorous workouts on stationary bikes and elliptical or rowing machines are also effective.

Diet: There is no magic diet for belly fat. However, typically when you lose weight on any diet, belly fat is usually the first to go. Increase your water intake and eat 5-6 small meals throughout the day. If you do eat large meals, reserve them for breakfast or early lunch, NOT dinner. Cut down on sugar, complex carbs, and alcohol (which when ingested creates sugar and sugar makes fat.)

Sleep: Getting the right amount of shut eye helps. In one study, people who got six to seven hours of sleep per night gained less visceral fat over 5 years compared to those who slept five or fewer hours per night or eight or more hours per night.

Stress: It's unavoidable, but what you do with your stress matters. It may serve as a convenient way to get out of arguments with spouses and loved ones. Tell them that you don't want to argue, because you are trying to lose weight!

The 136th Airlift Wing is on Facebook!!

Visit the link below to "like" us...You don't even have to "friend" us to receive Wing updates for community events, discount tickets, free items such as sporting events, giveaways, special events, and photos of 136

AW Airmen in action. Stay tuned for inclement weather base closure information - now on Facebook.

<http://www.facebook/136AW>

Chaplain's Corner



by Chaplain (Major) Paul Ferguson
136th Airlift Wing Chaplain

Marathon training

I don't know what came over me, but I DID IT! I signed up to run a half-marathon (13.1 miles) and eventually a full marathon (26.2 miles). At the time I signed up I was 40 and probably 40 pounds over weight and I had never really been "serious" about running before. To make matters worse I had just failed my fitness assessment test. So when this CrAZy idea of running popped into my head, I knew if I was going to really do it, I had to start training.

The number one piece of advice that everyone offered me (and still offer me): STAY HYDRATED. One person told me, if you wait until you are thirsty, IT'S TOO LATE! I learned the hard way that being hydrated starts LONG before you ever start running. Staying hydrated is key in long distance running.

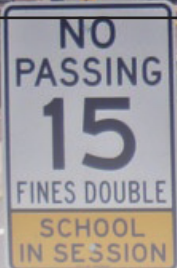
As I thought about that, I thought that's good advice

for us spiritually too. It's so easy to get busy "running the race of life" that we forget to hydrate.

I know it sounds simple, but we all have a hard time with it. There are times when we let busyness get in the way of spending time growing spiritually. There are times that the to do list will never get done, stress will build up, we will feel frustrated. One of the best things we can do is schedule time for spiritual hydration (prayer, reading, etc.). Never allow yourself to believe that you are too busy to talk with God.

Life is a lot like running, If you wait till you are thirsty, you have probably waited too long. Psalm 1:2 But they delight in the law of the Lord, meditating on it day and night!

Chaplain Ferguson



Wing Safety Snip-Its

Kids are back to school; let's keep them safe

by By Senior Master Sgt. Donald Seymore
136 AW Wing Safety Office

It's "Back to School" time, the season when daylight hours grow shorter and our roads grow busier. It's also time to get street smart.

Fewer daylight hours can make it harder for motorists to see young students. So, whether your kids are walking, riding a bicycle, or catching a school bus or other public transportation to travel to and from school, please take a few moments to talk to them about safety. The National Highway Traffic Safety Administration (NHTSA) offers a wide range of safe transportation practices for kids on the move. We encourage you to start with these tips:

School Bus: School buses are the safest mode of transportation for getting children back and forth to school. Even so, kids need to be especially careful around the school bus "danger zone" – 10 feet in front, 10 feet behind, and on each side of the bus. Kids should:

- Wait five giant steps from the road and when the school bus arrives, wait until the driver says to board.
 - When boarding the school bus, go straight to your seat and sit facing the front and do what the school bus driver tells you to do.
 - When exiting the bus, look out for cars. When you're off the bus, take 5 giant steps from the school bus.
 - Look left-right-left to make sure no cars are coming and wait for the driver to signal it's safe to cross.
- Walking: Pedestrians 10 years old and younger must be accompanied by an adult or young adult on their way to and from school. Kids should:
- Walk on the sidewalk and if there is none, walk facing traffic.
 - Do not push or shove others when you walk.
 - When crossing the street, look left-right-left for cars. Do not cross if a car is coming and use a crosswalk if you can.

Biking: The two best protections when biking to and from school are a properly fitted bicycle helmet and a good grasp of traffic safety rules. Kids should:

- Always wear a helmet and make sure to buckle the chin strap.
- Ride along streets with low traffic volume and at lower speeds.
- Always ride in the same direction as traffic, and stop at all stop signs and signals.
- Never use headphones or cell phones while riding.

Car: Children should always ride in the back seat. Children in the front seat are 40 percent more likely to be injured in crashes.

One last tip for parents: whether it seems that way or not, your kids are watching you! Please stay completely focused on the road --whether you're walking, biking or driving-- and put your cell phone away when in traffic.

For more back-to-school safety tips and to reinforce children's pedestrian, bicycle, school bus and/or public transportation habits, please remember to visit NHTSA's Parents Central.

136 AW Safety Staff

- Chief of Safety–Lt. Col. James Freeman
- Ground Safety Manager–SMSgt Donald Seymore
- Safety Technician–MSgt Charles Migot
- Safety Technician–MSgt Porfirio Diaz
- Safety Technician–SSgt Brandon Galusha

Questions, Comments, Concerns?
Contact the 136th Safety Office at
817-852-3210.



Antiterrorism-Back to school

by Major Steven Taylor
136th Security Forces Squadron/Antiterrorism Officer

The summer is winding down and it's about time for the kiddos to go back to school. For some of us as parents it is an exciting time where we recoup some of the sanity we have lost during the break from school. Many of us live in dual income homes where our children get home from school before we get home from work. We want the transition from summer to school to be a safe one so here are a few tips you may want to share with them.

SPECIAL PRECAUTIONS FOR CHILDREN

Know where your children are at all times. In this day and age of cell phones you have plenty of options to ensure you can contact them at the end of the school day. Program important numbers for them to call if they cannot reach you.

You may want to establish "safe houses" with your neighbors for your kids to go if they are threatened or followed while on the way home.

If it is necessary to leave children at home, keep the house well lit and notify a trusted neighbor.

Instruct children to keep doors and

windows locked and to not allow strangers inside.

Teach children how to contact the police or neighbor in an emergency. (see #1 above).

Maintain recent photographs of your children. The photographs should display a clear view of the child's head.

Instruct your children to:

- Never leave home without telling you where they will be and who will accompany them.

- Travel in pairs or small groups.

- Avoid isolated areas.

- Use locally approved play areas where recreational activities are supervised by responsible adults and where police protection is readily available.

- Refuse automobile rides from strangers and refuse to accompany strangers anywhere on foot even if the strangers say mom or dad sent them, or said it was "okay." Children should similarly be aware of strangers offering gifts, food, or using small animals to get them into a vehicle.

- Report immediately to the nearest person of authority (parent, teacher, or police) anyone who attempts to talk to or touch them in any way that makes them feel un-

comfortable or scared.

- Never give information about family members over the phone, e.g., parent's occupation, names, or future family plans and dates.

If you have small children talk through scenarios with them. For example "what if someone asked you to help them look for their lost kitten / what should you do" and then talk through what the right response might be. Ask your children what a "stranger" looks like and then explain to them that a stranger is anyone they do not know.

As your Wing Anti-Terrorism Officer, my goal in sharing this is not to scare anyone or terrify your children. I simply want them to have the tools to stay safe. Enjoy the rest of the summer break and have a safe and productive school year!

Remember if you see something suspicious Report It!

*Major Steven Taylor
136 AW Anti-Terrorism Officer
136 AW Trafficking in Persons
Coordinator
COMM: 817-852-3478
BB: 817-658-6132
DoD PD LE Desk: 817-782-52*

Disciplinary actions

MSG:

- 1 -Admin discharge (positive UA)
- 3 -LOCs (UTA Late Show)
- 5 -LOCs (Missing a mandatory class)
- 1 -LOC (Failure to pay STAR card on time/debt notice to Commander)
- 1 -LOC (Failure to attend FIP as required)
- 2 -LORs for Fitness
- 1 Referral EPR for fitness

OG:

None to report

MXG:

None to report

MDG:

2 -LORs for Fitness

AW/Staff:

1 -LOR for Fitness

254 CCG:

None to report

3D1X3 - (4) RF TRANSMISSION SYSTEMS (B)
J1W0X2 - (1 0) COMBAT WEATHER (males) (B)
1A1X1 - (2) FLIGHT ENGINEER
1A2X1 - (1 1) LOADMASTER (B)
2A6X1 - (3) AEROSPACE PROPULSION (B)
3P0X1 - (1 1) SECURITY FORCES (B)
3E0X2 - (2) ELECTRIC POWER PRODUCTION (B)
3E9X1 - (2) EMERGENCY MANAGEMENT (B)
2T3X1 - (4) VEHICLE EQUIPMENT MAINTENANCE
2T2X1 - AIR TRANSPORTATION (B)
2A5X1 - (2) AEROSPACE MAINTENANCE (B)
2A6X5 - (2) AIRCRAFT HYDRAULICS (B)
1C3X1 - (2) COMMAND POST
3N1X1 - (6) BAND

Officer Billets please visit www.agd.state.tx.us or Texas Military Forces for officer vacancies.

*(B) bonus

The final frame

I dreaded this day
and now it's upon us.
Like the sunset at the end of the day,
you can't stop it
from going down the horizon,
but just watch the day end.

The new day welcomes the sunrise,
but with someone missing,
A comrade
who has taken the road to retirement;
we press on.

by Carolyn Belmonte

Happy trails to Col. Timothy Malone
as you begin a new chapter
in your life.

Photo by Senior Master Sgt. Elizabeth Gilbert